





Daily sessions on the hour from 10am - 4pm in the Woolworths Fresh Food Dome

DATE & HOST	SESSION NAME	SESSION DESCRIPTION
Friday, 8 April 2022 with Lyndey Milan OAM	Riverina Wine meets the Murrary River	Taste the flavours of regional NSW as Aquna Sustainable Murray Cod pairs their Gold Medal Murray Cod with Lillypilly Estate Wines' trophy winning Petit Verdot.
Saturday, 9 April 2022 With Brigid Treloar	A Fragrant Affair	A day out for sauce lovers as medal winners Exotic Bazaar & Blueberry Greens sample their fragrant Moroccan Recipe Base & Blueberry hot sauce.
Sunday, 10 April 2022 With Fast Ed	Best of the Sea!	Don't miss this session as multi award winners Yumbah Aquaculture & Pialligo Estate Smokehouse sample their best Abalone, Smoked Salmon & Trout.
Monday, 11 April 2022 With Fast Ed	A match baked in GF Heaven	Sydney Royal Champion winners, Riverina Fresh & Wholegreen Bakery create a match baked in heaven with their Thickened Cream & Gluten Free Chocolate Eclair.
Tuesday, 12 April 2022 With Lyndey Milan OAM	Make your own Kombucha	Cheriss Health Emporium teaches you how to make their medal winning Kombucha in this hands-on workshop.
Wednesday, 13 April 2022 With Lyndey Milan OAM	You've Goat to try this Lavosh	They go together like Cheese & Crackers! Meredith Dairy & Kurrajong Kitchen come together to sample their multi medal winning Marinated Goats Cheese & Lavosh.
Thursday, 14 April 2022 With Fast Ed	Garlicious Wagyu	Mort & Co sample their Gold Medal Phoenix Wagyu Beef while multi medal winners Garlicious Grown teach you all things Black Garlic. We can taste it already!
Friday, 15 April 2022 With Fast Ed	Condiments to the Chef!	After sampling the award winning condiments & spreads from The Wholefoods Refillery & West Walla Farm, you will learn how to bring your cooking to the next level.
Saturday, 16 April 2022 With Lyndey Milan OAM	France meets Italy	Gelateria Gondola shares a small part of Italy with their multi- award winning gelato & Sacre bleu! Caneles & Co shows off the Champion baking of their classic French cakes.
Sunday, 17 April 2022 With Fast Ed	A pair of Champions come together	Presidents medal contenders, Rio Vista Olive Oil & Champion winning producer Margra Lamb put on a show of quality Australian produce that you can't miss.
Monday, 18 April 2022 With Lyndey Milan OAM	Wine Tasting Masterclass	Taste Dandelion Wines' gold medal Riesling and sip on the multi medal winning Hungerford Hill range as you learn about how the Sydney Royal judges score the wines and award trophies.
Tuesday, 19 April 2022 With Lyndey Milan OAM	Mouthwatering outback lunch	Mouthwater Foods are a must try for jam & relish lovers who will also get to sample Outback Lamb's handmade & award winning lamb sausage rolls.

